Wild Rice



Wild rice is North America's only native ancient grain. Explorers from foreign lands desired its life-sustaining nutritional value during long expeditions and traded this delicious roasted grain with Native North Americans. Soon Wild Rice was gracing the tables of wealthy Europeans.

Applications today span every type of restaurant. The delicious nutty flavor and fantastic texture enhance many dishes. The healthy benefits of Wild Rice meets the needs for customers of all ages. High yield makes Wild Rice a great value as 1 cup dry = approximately 4 cups cooked! Because Wild Rice is unique you can charge more for entrées and side dishes made with Wild Rice to increase your profits.

Mille Lacs Wild Rice is the only company that roasts wild rice daily!! MLWR Corporation is SQF Certified, and Kosher certified. Offering both dry and fully cooked wild rice products.

For additional information, please contact Caliber Foodservice. **Contact Us Here**

Feature and Benefits:

- ✓ Plant Based
- ✓ Complete Protein
- ✓ Gluten-free
- ✓ Non-GMO
- ✓ Low on Glycemic Index
- ✓ Delicious Flavor
- ✓ Fantastic Texture
- ✓ Versatile

Dry Pack Sizes:

- ❖ 12 / 16-oz. poly bags
- ❖ 2 / 5 lb. poly bags
- ❖ 12 / 28 oz. resealable jar
- ❖ 1 / 7.5 lb. resealable tub

Fully Cooked Wild Rice: – *only 3 ingredients (water; wild rice; salt)*

- •Canoe Wild Rice Fully Cooked #10 (107-oz.) Cans
- •Canoe Wild Rice Fully Cooked 15-oz. Cans

Samples available upon request.